



We rise by lifting others

COMMUNITY COLLABORATION PROGARM

Project Raise & Give at Rise & Grind

is our way to give back to the community through partnership programs and fundraisers. We rise by lifting others and we strive to make a difference in our community.

The Green Team at Beecher Road School and Rise & Grind Nutrition will be hosting a fundraiser from 10/19/19-10/31/19

Bring in your BRS reusable bottle or travel mug and get \$1 off

PLUS

10% of sales with BRS cups will be donated back to the BRS Green Team at the end of the month!

Rise & Grind Nutrition 1652 Litchfield Turnpike Woodbridge, CT (203)553-9911 riseandgrindct@gmail.com

